



Summer Menu 2013

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Honey Wheat Donut Assorted Cereal Graham Crackers Fresh Fruit 100% Fruit Juice Assorted Milk	Breakfast Burrito Strawberry Pop Tart with Mozzarella Cheese Stick Fresh Fruit 100% Fruit Juice Assorted Milk	Omelet with Corn Muffin Assorted Cereal Graham Crackers Fresh Fruit 100% Fruit Juice Assorted Milk	Pancake Sausage Wrap Cinnamon Pop Tart with Mozzarella Cheese Stick Fresh Fruit 100% Fruit Juice Assorted Milk	Ham & Cheese Breakfast Twist Assorted Cereal Graham Crackers Fresh Fruit 100% Fruit Juice Assorted Milk
GRAINS - PROTEIN - FRUITS - VEGETABLES - MILK				
At lunch, students may select three, four, or all five of the above food groups to complete their meal. At least one of these choices MUST be from the fruit or vegetable group. All menu selections must be made by the student.				
Lunch	Lunch	Lunch	Lunch	Lunch
Macaroni & Cheese Corndog Baked Beans Carrot Sticks Fresh Fruit Assorted 100% Fruit Juice Assorted Milk	Chicken Tenders w/Roll (*Buffalo Tenders Optional) Hot Ham & Cheese Sandwich Sweet Potato Gems Celery Sticks Fresh Fruit Assorted 100% Fruit Juice Assorted Milk	Fiesta Pizza Muffin Platter Broccoli Carrot Sticks Fresh Fruit Assorted 100% Fruit Juice Assorted Milk	Soft Taco (IW) Cheese Pizza Corn Celery Sticks Fresh Fruit Assorted 100% Fruit Juice Assorted Milk	Chicken Quesadilla PB & J Sandwich w/Cheese Stick Plantains Carrot Sticks Fresh Fruit Assorted 100% Fruit Juice Assorted Milk

Field Trip Menu

PB & J Sandwich w/Cheese Stick Assorted Fresh Fruit Carrot Sticks Milk	Ham and Cheese Sandwich 100% Fruit Juice Celery Sticks Milk	Turkey and Cheese Sandwich Assorted Fresh Fruit Broccoli Florets Milk	Ham and Cheese Sandwich 100% Fruit Juice Celery Sticks Milk	PB & J Sandwich w/Cheese Stick Assorted Fresh Fruit Carrot Sticks Milk
--	--	--	--	--

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

**Menu Subject to Change without notice*